

LESSON 2 – JOINING IN, ME AND YOU

The Joining In Think-Say-Do TOOL

Lesson Outcomes:

- Recognises that asking to join in is a friendly behaviour.
- Awareness of a variety of Joining In Questions.
- Recognises friendly body language to accompany the questions.
- Understands The Think-Say-Do Joining In TOOL.
- Willing to use The Think-Say-Do Joining In TOOL.

Activity 1 Circle Discussion: Joining In - You and Me

Activity 1 – Circle Discussion Objectives:

- To understand that asking to join in is another friendly behaviour.
- To learn different ways of asking to join in.
- To recognise what is helpful body language when asking to join in.
- To feel confident using one new Joining In Question.
- To understand that The Think-Say-Do Joining In Questions are a TOOL.

Points to Guide Discussion:

- **Joining in is another way of being friendly.**

Refer to Lesson 1 and link the behaviour of asking to join in as being another example of using a friendliness TOOL.

Use Leader Resource 5 to refresh the concept of Think-Say-Do TOOLS.

- **Introduce The Think-Say-Do Joining In TOOL:**

Think: *Explore examples of helpful Supa Thinkin for joining in a game or an activity:*

- 'I'd like to play a game.'
- 'I'd like to play with that person.'
- 'I'd like to join in.'
- 'I'm a fun friend.'

Say: *Read examples of joining in questions below, and encourage the children to brainstorm their own Joining In Questions:*

- "That looks like fun. Is there room for me?"
- "I know the rules. Can I please join in?"
- "Is there space for me too?"
- "Could I please have a turn next?"

Use Leader Resource 10 to stimulate and focus the discussion on 'Whole Body Confidence'

<p>Do: Demonstrate ‘Whole Body Confidence.’</p> <ul style="list-style-type: none"> • ‘Whole Body Confidence’ is what the children are doing with their body: standing tall, looking at people’s eyes when they are talking, hold their shoulders back, and keep their hands by their sides. <p><i>Use this opportunity to model confident body posture – both in sitting and standing positions. Include the words, ‘Whole Body Confidence.’ Modelling the contrast between lacking confidence: rounded shoulders, head down and fleeting eye contact – and showing confidence – is helpful. Strongly contrast friendly and unfriendly body language. Link showing Whole Body Confidence to the appearance of being friendly and warm.</i></p> <ul style="list-style-type: none"> • Leader-led demonstration of The Joining In Think-Say-Do TOOL. <p><i>Ask 4 children to pretend to throw a ball back and forth between themselves. As the Leader, you are going to approach the group and ask to join in. Quietly tell the children who are watching what Friendly Supa Think e.g., ‘I’m a fun person (Think). Then use a Joining In Question to the group of children pretending to play, e.g.; “That looks fun; any room for me?” (Say). Demonstrate Whole Body Confidence – friendliness – throughout (Do).</i></p> <ul style="list-style-type: none"> • Reinforce the greater chance of receiving a response of, “Yes you can play!” when this TOOL is used. <p><i>Link friendly body language – plus an interesting question – to having greater appeal as a play companion. Compare and contrast with the opposite body language and a less appealing/interesting question.</i></p>			
Leader Resource 5 Think-Say-Do TOOLS Leader Resource Joining In Questions Leader Resource Friendly Body Language	Book 1	Page 92 Page 102	10-15 mins

Activity 2 Role Play: Asking To Join In - You and Me

<p>Objectives:</p> <ul style="list-style-type: none"> • Demonstration of The Joining In Think-Say-Do TOOL. • Familiarisation with asking Joining In Questions. • To practise using The Joining in Think-Say-Do TOOL. • To provide feedback on the use of Whole Body Confidence to assist with friendliness and joining in. 	
<p>Guidelines:</p> <p><i>Children form circles of 4 and play a ball game throwing the ball back and forth. Each child takes it in turns to approach the group and asks to join in - using one of The Joining In Questions - and with happy body language. Repeat so that each child has at least two turns of this role play. The group that is responding is asked to do this with a friendly response - and Whole Body Confidence: e.g. “Of course you can!” “Great, join in.”</i></p>	
Required: A ball for each group and enough space to play the game.	5 – 10 mins

Activity 3 – Story– Joining In – You and Me

Objectives: <ul style="list-style-type: none"> To hear about – and recognise - the Joining In Think-Say-Do TOOL in action. 			
Story 2 The Playground Highway	Book 2	Page	10-15 mins

Activity 4 Song & Music: Joining In – You and Me

Objectives: <ul style="list-style-type: none"> Movement to energise and focus. Learning a song that represents The Joining In Think-Say-Do TOOL. Illustrating The TOOL in use through a song. 			
Statements to Guide Activity: <ul style="list-style-type: none"> Listen carefully to all the instructions. 			
Song 2 The Playground Highway Joining In – You and Me.	Book 2 & USB	Page 155	10-15 mins

Little Highway Heroes The Playground Highway