

LITTLE HIGHWAY HEROES

EARLY YEARS CURRICULUM



Everyone meets **challenges** as they are learning about themselves and others – and everyone can **learn the skills to solve those challenges**. When you learn to solve a problem, you have learned a new skill.

Little people are learning and applying all sorts of skills all the time—like joining in, showing empathy, sticking up for themselves, calming down and self-soothing. Little Highway Heroes teaches essential social, emotional and learning-to-learn skills to use in the playground, classroom, at home – in fact, anywhere – and everywhere – that little children are.

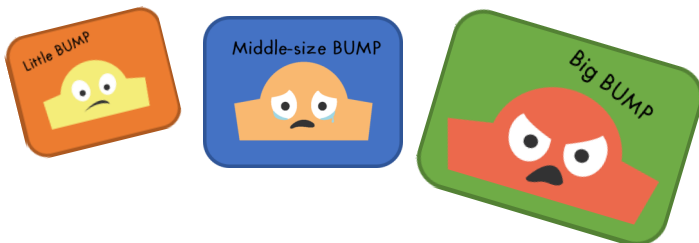
Little Highway Heroes - teaches 6 must-have attitudes and behaviours:

1. **Normalising difficulties:** de-catastrophising the occurrence of problems
2. **Solution-focused:** looking for solutions to difficulties
3. **Optimism:** encouraging a 'can-do' mindset to problems
4. **Scaling difficulties:** encouraging rational understanding of the 'problem spectrum'
5. **Promoting skills generalisation:** connecting skills with solutions
6. **Independence:** through learning and applying skills



Teaching skills matters when little children get going on The Highway of Life

Along the Highway of Life, everyone meets little, middle-size and big bumps too...



Little Highway Heroes know just what to do... They use their Think-Say-Do skills, just like that!



5 essential Playground Highway skills

- SKILL 1 - FRIENDLINESS - The Friendliness Think-Say-Do
- SKILL 2 - INCLUSION - The Joining In Think-Say-Do
- SKILL 3 - EMPATHY - I Care About You & Me
- SKILL 4 - ASSERTIVENESS - The Sticking Up 4 Me Think-Say-Do
- SKILL 5 - PLAYGROUND OPTIMISM - Playground Supa Thinking

5 essential Emotional Highway skills

- SKILL 1 - FEELINGS - Recognising and naming yours and mine
- SKILL 2 - CALMING DOWN THINKING - Supa Thinking
- SKILL 3 - CALMING DOWN BREATHING - Bubble Breathing
- SKILL 4 - BOSSYNESS THE BULLDOZER - Self-regulation
- SKILL 5 - SILLYNESS THE SPEED WOBBLE - Self-regulation

5 essential Classroom Highway skills

- SKILL 1 - FOCUS & LISTENING - The Learning Think-Say-Do
- SKILL 2 - EXCITABILITY - Naming & taming classroom Sillyness
- SKILL 3 - CONFIDENCE - The Learning Confidence Think-Say-Do
- SKILL 4 - RESILIENCE - Bouncing up from challenges
- SKILL 5 - PERSISTENCE - Getting-it-done skills

AUSTRALIA'S FAVOURITE EARLY YEARS CURRICULUM

- ⇒ 20 lessons—active, role play, movement-based
- ⇒ 20 Read-Along-Stories - extend learning
- ⇒ 20 Sing-Along-Songs - recorded
- ⇒ 9 Character Puppets - full-size, plush
- ⇒ Parent handouts
- ⇒ Data collection checklists