

Brave parenting Building blocks 4 life!



SOCIAL, EMOTIONAL AND LEARNING RESILIENCE - ACTIVATING THE CRITICAL PATHWAYS.

Digging down into parental resilience

Parenting a BIG job and one that often has no accompanying training manual or regular process and procedure updates. Being a parent means having to learn, from the ground up, the operating system of each child who joins the family. Being a resilient parent means choosing informed approaches to child-raising that build a solid foundation for all parenting decisions and actions. In this workshop cover the 8 big R's of resilient parenting, bringing together the theory and practice of awesome and outstanding child-raising fundamentals.

Role Modelling | Rules | Routines | Rewards | Respect | Regulation | Rating | Risks

Practical Guidance for Parents

Head, heart and hands—something to think about, something to change feelings and practices, and something to do. That's the gold standard we bring to parent workshops and this one is no different.

The Building Parenting Resilience Workshop is a captivating and highly practical exploration of laying the foundation for successfully raising a resilient and well-regulated young person.

This Workshop Includes:

- A journey into a child's development with an explanation of why they do they things they do.
- Identification of the key parenting factors to lay the foundation for successful child-raising.
- Practical take-away tips and processes that change child-parent relationships.

Learn from the BEST



HELEN DAVIDSON

Helen Davidson (Occupational Therapist, Masters Counselling, Family Therapy) and Claire Orange (BSci Speech Pathology (Hons), Counselling, Family Therapy) bring a collective 55 years of child, adolescent and family therapy to BEST Programs 4 Kids. Both have worked nationally and internationally in health and education and are sought after speakers, experts and advocates in the child, adolescent and family mental health.



CLAIRE ORANGE

Appearing as Channel 9, ABC National Radio and 6PR's parenting and mental health experts, the team at BEST appear weekly as media spokes-people for children and their families.

To organise a Parent Workshop in your school or community

Email the BEST Team at info@bestprograms4kids.com

or visit us at www.bestprograms4kids.com and complete the Workshop booking form

