



CHILDREN'S SOCIAL & EMOTIONAL WELLBEING: THE LATEST PROFESSIONAL WORKSHOP IN KALGOORLIE NOVEMBER 2018

Join Helen Davidson

Occupational Therapist, Masters Counselling, Family Therapist, mental health clinician and co-author of the social and emotional wellbeing programs *Highway Heroes* and *Little Highway Heroes* and of the 'What to do About' series: *Kids' & Parents' Guides on Bullying, teasing & all that stuff; Friends, fitting in & all that stuff; Feelings, moods & all that stuff.*



A Deep Dive Into Social & Emotional Wellbeing

Thursday 8th November 9:00-3:30

A uniquely practical workshop with skills you'll be using the next day

Teaching the skills of social, emotional and learning resilience needs to start from early childhood. Making and keeping friends as well as sorting out the inevitable bumps in those relationships. Developing empathy. Coping with, and assertively managing teasing and bullying. Knowing how to name and tame feelings. And knowing the learning-to-learn tools and mindset that lead to success. These are THE skills and attitudes that keep a child connected to their learning journey.

Practical, effective, skills-based, child-friendly, evidence-based, completely resourced package for education and health professionals with...

- The two foundational tools of social & wellbeing that every child can learn
- The latest neuroscience about children's social and emotional wellbeing
- A suite of tools that you can teach and every child can learn
- Australia's latest Kids Matter approved social and emotional wellbeing program for early childhood and primary school
- Developing children's awareness of feelings and how to manage them with evidence-based strategies
- Links to the Australian National Curriculum & Early Years Learning Framework
- A completely resourced package for K-6 education and transition to high school
- Applicability for allied health professionals, counsellors, social workers, psychologists, chaplains
- Individual and group therapy appropriate

November 8th 2018

Full day workshop

\$240 (early bird) or \$280 (after 16 October)

Venue:

TBA—Central Kalgoorlie

Enquiries:

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Registrations:

www.bestprograms4kids.com/professional-workshops/

Read more about BEST Programs 4 Kids here: www.bestprograms4kids.com