

# The development of children's **Social Competence**

**It's complex!**



THE SCIENCE BEHIND EVERY CHILD'S SOCIAL COMPETENCE AND CONNECTIVITY

## **Social competence—it's a long road with many skills**

The social lives of children are complex. From the developing brain, the developing skills, the complex supporting social worlds, the environmental influences - the journey to social competence is one that few manage without some hurdles, some key 'teachers' and a soft place to land.

This workshop explores the many factors that result in a child's developing social competence; genetic blueprint, the impact of the environment, resilience factors, the complex world of children's friendships, the prosocial skills and attributes required, the differences in girls and boys social competencies, the contribution of the regulatory neural pathways.

## **Practical strategies for developing social competence**

Not every child is a social butterfly and not every child cruises through the developmental phases where stacking skills results in growing social competence. The journey of some children is socially, emotionally, developmentally, environmentally... derailed - early, which has a flow on effect into many aspects of their life.

For teachers and therapists, knowing about and knowing how to manage the social competencies of children creates a positive space for connection and learning to happen. For every child, their social world (in their context) is a critical component of their ability to achieve, to be and feel successful, to thrive and to flourish.

This workshop addresses critical components of social competence and introduces practical strategies to help every child along their journey.

### **Learn from the BEST**



HELEN DAVIDSON

Helen Davidson (Occupational Therapist, Masters Counselling, Family Therapy) and Claire Orange (BSci Speech Pathology (Hons), Counselling, Family Therapy) bring a collective 55 years of child, adolescent and family therapy to BEST Programs 4 Kids. Both have worked nationally and internationally in health and education and are sought after speakers, experts and advocates in the child, adolescent and family mental health.



CLAIRE ORANGE

Appearing as Channel 9, ABC National Radio and 6PR's parenting and mental health experts, the team at BEST appear weekly as media spokes-people for children and their families.

### **To organise a Professional Workshop**

Email the BEST Team at [info@bestprograms4kids.com](mailto:info@bestprograms4kids.com)

or visit us at [www.bestprograms4kids.com](http://www.bestprograms4kids.com) and complete the Workshop booking form

