

Little Highway Heroes

Teaching Skills for Resilience



A PRACTICAL, APPROVED CURRICULUM RESOURCE FROM 4 -8 YEARS OF AGE

Little People - Learning Life Skills

From their early years of education, little children are learning all about themselves and others—and all of that rich learning forms their life templates. Helping little children into positive and lasting patterns of social, emotional and learning resilience is assisted by a regular, repeated and research-based approach to introducing and teaching the skills.

Aligned with the Early Years Learning Framework, Little Highway Heroes identifies the components of resilience—like empathy, self-regulation, self-acceptance, tricking silliness... and teaches them to children—explicitly.

Practical Training & Learning

Little Highway Heroes training takes a wander through childhood mental health risk and preventative factors. Close attention is paid to the many developing skills that will one day support the child in their chosen vocation and how these skills can be taught to children in fun, contextually appropriate and active ways.

Practical, powerful, relevant training for early years educators.

This Workshop Includes:

- Regulation and resilience factors based on current neuroscience
- Unpacking of the Little Highway Heroes resource
- An insightful and practical journey along each of the Social, Emotional and Learning Highways
- Connecting curriculum to daily practice

Learn from the BEST



HELEN DAVIDSON

Helen Davidson (Occupational Therapist, Masters Counselling, Family Therapy) and Claire Orange (BSci Speech Pathology (Hons), Counselling, Family Therapy) bring a collective 55 years of child, adolescent and family therapy to BEST Programs 4 Kids. Both have worked nationally and internationally in health and education and are sought after speakers, experts and advocates in the child, adolescent and family mental health.



CLAIRE ORANGE

Appearing as Channel 9, ABC National Radio and 6PR's parenting and mental health experts, the team at BEST appear weekly as media spokes-people for children and their families.

To organise a Professional Learning Workshop in your school

Email the BEST Team at info@bestprograms4kids.com

or visit us at www.bestprograms4kids.com and complete the Contact Us form

