

Highway Heroes

Teaching Skills for Resilience



A PRACTICAL, APPROVED CURRICULUM RESOURCE FROM 5 TO 12 YEARS OF AGE

Growing 21st Century Learners

A rigorous academic program alongside a robust Social and Emotional Learning (SEL) program lays the foundation of resilience - for every child. International research findings note a significant and lasting improvement in academic, social, behavioural and attitudinal outcomes in schools implementing a structured SEL curriculum.

Highway Heroes provides teachers with a highly practical, research-based, classroom-proven methodology for introducing children (and parents) to a system of wellbeing that speaks the language of children. Learn about the developing brain and how the neurological resilience pathway can be strengthened every day.

Practical Training & Learning

Highway Heroes training includes aspects of generalised childhood wellbeing as well as content specific to unpacking, understanding and implementing the Highway Heroes curriculum resource.

Participants learn through relating to their own teaching context, practical demonstrations and activities and access to top shelf, experienced Master Trainers.

This Workshop Includes:

- Regulation and resilience factors based on current neuroscience
- Unpacking of the Highway Heroes resource and identification of scope and sequence
- An insightful and practical journey along each of the Social, Emotional and Learning Highways
- Connecting curriculum to daily practice

Learn from the BEST



HELEN DAVIDSON

Helen Davidson (Occupational Therapist, Masters Counselling, Family Therapy) and Claire Orange (BSci Speech Pathology (Hons), Counselling, Family Therapy) bring a collective 55 years of child, adolescent and family therapy to BEST Programs 4 Kids. Both have worked nationally and internationally in health and education and are sought after speakers, experts and advocates in the child, adolescent and family mental health.



CLAIRE ORANGE

Appearing as Channel 9, ABC National Radio and 6PR's parenting and mental health experts, the team at BEST appear weekly as media spokes-people for children and their families.

To organise a Professional Learning Workshop in your school

Email the BEST Team at info@bestprograms4kids.com

or visit us at www.bestprograms4kids.com and complete the Contact Us form

