

# From boys <sup>2</sup> men

Optimising a successful, empowered resilient journey to manhood.



THE SCIENCE AND PRACTICE OF RAISING, CONNECTING TO AND EDUCATING OUR BOYS

## Today's boys. Tomorrow's men.

Raising boys in our fast-paced world can feel overwhelming – until now. In this exploration of the world of little and big boys as they move towards manhood, parents will find out what's happening in their boy's brain and how to manage the home, home to school and school demands that are particular to boys.

Mums and boys and dads and boys – these are intense relationships that for each can feel sometimes confusing, alien and outside of any previous experience to rely on to get right in this moment. There are reasons for how these relationships work the way they do – and making them work differently and better means taking a deep dive into developmental ages and stages that change behaviour – and the way in which behaviour can and should be managed.

## Practical Guidance for Parents

This is the workshop that brings you the science and the practice of raising, educating and connecting with our precious, vulnerable, chaotic and amazing boys. Do you want to know how the brains of boys grow and develop, what lights them up, what transforms their learning and their relationships?

Go on the crazy ride of getting to know your boy-child more deeply – we know it will change the way you and he do business – forever!

## Learn from the BEST



HELEN DAVIDSON

Helen Davidson (Occupational Therapist, Masters Counselling, Family Therapy) and Claire Orange (BSci Speech Pathology (Hons), Counselling, Family Therapy) bring a collective 55 years of child, adolescent and family therapy to BEST Programs 4 Kids. Both have worked nationally and internationally in health and education and are sought after speakers, experts and advocates in the child, adolescent and family mental health.



CLAIRE ORANGE

Appearing as Channel 9, ABC National Radio and 6PR's parenting and mental health experts, the team at BEST appear weekly as media spokes-people for children and their families.

## To organise a Parent Workshop in your school or community

Email the BEST Team at [info@bestprograms4kids.com](mailto:info@bestprograms4kids.com)

or visit us at [www.bestprograms4kids.com](http://www.bestprograms4kids.com) and complete the Workshop booking form

