

# Highway Heroes Specific Classroom Skills and behaviours



Congratulations on your purchase. This set of **BEST Hero Bands** is specific to the *Highway Heroes* curriculum and is a powerful way to give children positive and specific feedback about classroom-based learning attitudes, skills and behaviours. Here's how to get the most out of each of the *Highway Heroes* specific **BEST Hero Bands** in this set:

## **Band 1 - I AM RESILIENT**

*A demonstrated ability to tolerate, cope with, or even grow from an adverse classroom happening (like making a mistake) deserves wearing this band. Using this band with the child who is not consistent with learning resilience draws positive attention to the times that they are showing the self-awareness and self-management skills that do help them to sit, focus, learn and respond.*

## **Band 2 - SUPA THINKING HERO Yes I can!**

*Positive, optimistic and helpful internal dialogue - called Supa Thinking - helps to calm the brain and prompts positive feelings and behaviours. The child who is working towards or who demonstrates the ability to cope with common classroom adversities should be rewarded with this band.*

## **Band 3 - CALMING DOWN HERO Yes I can!**

*The child who is able to self-soothe and calm themselves down, socialises and learns better. A life skill! This is the perfect band to use with a child prone to emotional meltdowns and outbursts to identify the times that they are demonstrating the ability to calm down and to remind them to do so when the going gets tough.*

## **Band 4 - POP - Planning Organisation Persistence**

*Three essential ingredients for successful learning. While some children plan and organise their time and resources and persist in spite of difficulties or boredom—other children can struggle. Identifying and rewarding these POP skills and behaviours helps children to connect them with being successful—and resilient.*

## **Band 5 - HEN - Hardest Easiest Nearest**

*Learning requires a child to identify with their learning style. Some children want to get the challenging bit done first (Hardest), whilst others need a run up to build momentum (Easiest), whilst others work well under time pressure (Nearest). The HEN band helps children to identify their successful style and reinforces that in helping to get things done.*

## **Band 6 - TRIPLE A's - Avoid Approach Apply**

*Avoiding distraction—or distracting others, having an approach for starting and completing a task and knowing the skills and attitudes to make that happen helps children to optimise the time they spend in structured learning tasks. This band identifies the child working with a Growth Mindset.*

## **Band 7 - GOAL SETTING - Who What When**

*Setting and achieving goals is a success strategy and one that can be introduced and reinforced from early childhood. This band helps children to remember their goal (What), their supports (Who) and their timing for getting it done (When).*

## **Band 8 - ON-TRACK THINKING - Mistakes are part of learning**

*Learning for most, is a process of making mistakes and moving forward. This can be difficult for the perfectionist child or the child lacking self-confidence. This band reminds children that mistakes are part of learning and to use them as a springboard—and not a landing pad.*