

# General Classroom Skills and behaviours



Congratulations on your purchase. This set of **BEST Hero Bands** is a powerful way to give children positive and specific feedback about classroom-based learning skills and behaviours that you want to see more of, to remind a child to show that attitude or behaviour, or to reward it when it happens. Here's how to get the most out of each of the **BEST Hero Bands** in this set:

## **Band 1 - I AM RESILIENT**

*A demonstrated ability to tolerate, cope with, or even grow from an adverse classroom happening (like making a mistake) deserves wearing this band. Using this band with the child who is not consistent with learning resilience draws positive attention to the times that they are showing the self-awareness and self-management skills that do help them to sit, focus, learn and respond.*

## **Band 2 - SUPA THINKING HERO Yes I can!**

*Positive, optimistic and helpful internal dialogue - called Supa Thinking - helps to calm the brain and prompts positive feelings and behaviours. The child who is working towards or who demonstrates the ability to cope with common classroom adversities should be rewarded with this band.*

## **Band 3 - CALMING DOWN HERO Yes I can!**

*The child who is able to self-soothe and calm themselves down, socialises and learns better. A life skill! This is the perfect band to use with a child prone to emotional meltdowns and outbursts to identify the times that they are demonstrating the ability to calm down and to remind them to do so when the going gets tough.*

## **Band 4 - ORGANISED - Ready and sorted**

*The brightest child who is unable to organise their resources in the classroom is at risk of missing out on valuable learning time. For the child who is working towards being more organised or for the child who demonstrates this behaviour consistently—this band recognises this higher order processing skill.*

## **Band 5 - CONFIDENT - Believing in me**

*Learning confidence equates to having a go, asking for help and taking appropriate risks in the classroom. While some children may struggle to show and grow their confidence, others lead by example. This band is the perfect way to recognise the child demonstrating confidence and the child working towards it.*

## **Band 6 - PERSISTENT - Sticking with it**

*More predictive of success than IQ, persistence, staying-power and grit are attributes of the able learner. Some children have to work hard to complete difficult tasks and their persistence should be noticed and rewarded. Other children, who do persist can also be acknowledged through wearing this band.*

## **Band 7 - TEAM WORKER - Together we can**

*Working well with a team requires good communication skills, empathy, listening and responding—it's complex. For some children, team work is a real challenge while others include others and make space with little complaint. This band acknowledges the child challenged and the child who facilitates and accommodates.*

## **Band 8 - FOCUSED - On-task On-track**

*Classrooms are busy places and encouraging focus can be difficult. As a foundation skill to learning and remembering, focus demonstrated by a child or being actively worked towards, ensure better productivity and outcomes. This band acknowledges the child who finds focus a challenge and the child who 'knuckles down' and gets the job done.*