

## time2move

### POSITIVE TRANSITIONING PROJECT

for Year 5's and Year 6's



# Apply for a FULLY FUNDED

\$1000 package of resources and services

When it's **time2move** we want <u>every child</u> able to take on the challenges and opportunities with skills and attributes that promote <u>resilience</u>, <u>mental health and wellbeing</u>.

### Year 5's and Year 6's participating in the time2move project will:

- Develop a strong and positive mindset for change and growth
- Develop their emotional intelligence and patterns of self-regulating
- Identify blockers to learning and ways to overcome these
- Know how to assess and grow the health of their friendships
- Develop responsible decision making around choices and consequences
- Know how to, when to and who to look to for support and help when needed



Strong | On-track | Succeed

#### The Kai Eardley 'time 2 move' package includes:

- 3 x 1 hour incursions for Year 5 and 6 students (to be used on the same day)
- BEST Programs KidsMatter approved teaching resource Module 4 Strategies 4 Managing Me Yr 4-6
- 2 hour staff Professional & Practical Learning video about the psychology of change and how to get the most out of every child as they get ready to transition
- E-Poster the SOS of transitioning
- E-Parent Guide on optimising their child's transitioning into high school
- Motivational wristband for each child

Apply today

Our team want to be part of your students' positive transition to high school. In Term 2, numbers of schools accepted will be limited to 10—so get in early.

Please apply online at <u>bestprograms4kids.com</u> (link on the Home Page), by emailing info@bestprograms4kids.com, or calling Claire on 0438 872 061.

The **time2move** project is only made possible through the generous support of the **Kai Eardley Fund**. We are grateful for the vision, dedication and courage of this amazing family whose pledge is, 'Out of tragedy comes an opportunity for change."